

Tucson Lifestyle

BEST OF THE CITY

PHOTOGRAPHY BY TOM SPITZ
(UNLESS OTHERWISE NOTED)

Our Best of the City list is a 50/50 split — 50 picks from our staff, and 50 chosen by readers in an online and mail-in poll.

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TUCSON'S OWN
DR. JAMES

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comly little burrito. A full-body massage follows, using ultra luxurious and uniquely fragrant coffee blossom lotion, shea butter and herbal extracts. **Elements Spa at the Hilton Tucson El Conquistador Golf & Tennis Resort, 10,000 N. Oracle Road, 544-1260.**

Nacho Average Dessert

Nachos conjure up images of kicking back with your feet up, watching a football game with a plate of tortilla chips smothered in gooey cheese and whatever else your imagination and the contents of your refrigerator can accommodate. Not so at the elegant but very homey Flying V Bar & Grill, where you can have a marvelous meal of appetizers and entrées that take full advantage of the bounty of the Southwest, and finish off the evening with the Chocolate Nacho Bar. The tempting array brought to your table will include cinnamon-kissed tortilla chips, a creamy and rich chocolate mousse, and toppings that include fresh berries, pistachios, Arizona honey, chile-spiced caramelized pecans, and prickly pear citrus sauce. Mix and match any way you like while you wrap your head around the fact that nachos aren't just for game day anymore! **Loews Ventana Canyon, 7000 N. Resort Drive, 299-2020; www.loewshotels.com.**

R & R

Rockin' With The Stones

There are few things more relaxing than a soothing massage. If you haven't tried it "stoned" yet (no, we aren't advocating anything illegal), you don't know what you're missing. The Desert Stone Massage at the Spa at the Omni Tucson National Resort utilizing warm, smooth, basalt lava stones and the gentle pressure of a skilled therapist is a



Slime Time

JW Marriott Starr Pass Resort & Spa launched Nickelodeon Getaway Weekends last summer to enthusiastic response. Kids love seeing Sponge Bob and Dora the Explorer, up close and personal at breakfast. Add to that a poolside game show that includes pies in the face and the requisite "sliming." But there's more: crafts, dive-in movie and a take-home sleepover kit. The event was such a hit that the resort and Nickelodeon extended the fun through Thanksgiving and plan to bring it back this summer. If you don't have an entire weekend to spare, then dangle this treat in front of your child: an "A" grade on any test this school year entitles him/her to a Sponge Bob/Dora breakfast, with a paying parent or guardian. The breakfast happens every Saturday morning, for a limited time only. **JW Marriott Starr Pass Resort & Spa, 3800 W. Starr Pass Blvd., 792-3500.**